

2025 AHA ACLS Guidelines

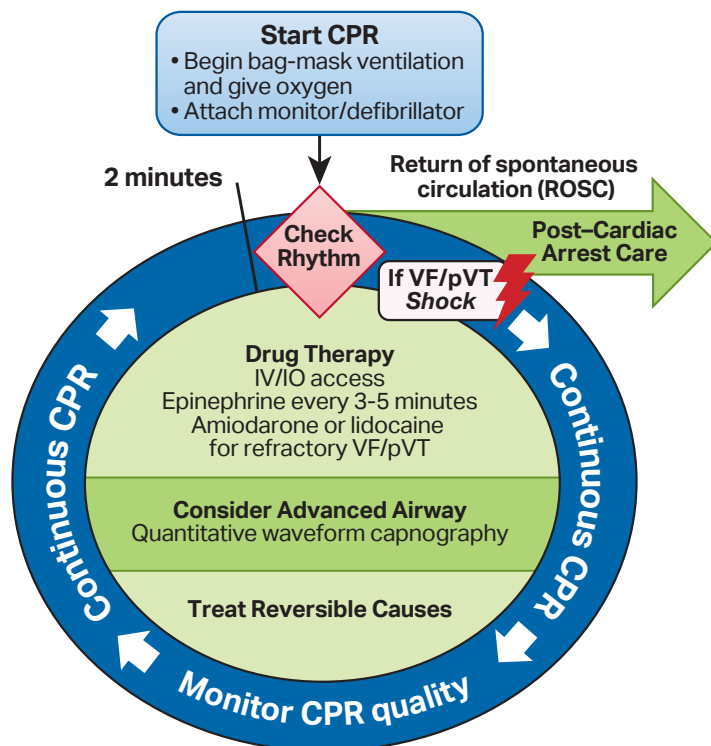
Adult Cardiac Arrest and Arrhythmia Algorithms

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Note: Figure 5 was not present in the source page content and is not included here.

Adult Cardiac Arrest Circular Algorithm



High-Quality CPR

- Push hard (at least 2 inches [5 cm]).
- Push fast (100-120/min) and allow complete chest recoil.
- Minimize interruptions in compressions.
- Avoid excessive ventilation.
- Change compressor every 2 minutes, or sooner if fatigued.
- If no advanced airway, 30:2 compression-ventilation ratio.
- If advanced airway in place, give 1 breath every 6 seconds (10 breaths/min) with continuous chest compressions.
- Continuous waveform capnography
 - If ETCO_2 is low or decreasing, reassess CPR quality.

Shock Energy for Defibrillation

- **Biphasic:** Manufacturer recommendation (eg, initial dose of 120-200 J); if unknown, use maximum available. Second and subsequent doses should be equivalent, and higher doses may be considered.
- **Monophasic:** 360 J

Drug Therapy

- **Epinephrine IV/IO dose:** 1 mg every 3-5 minutes
- **Amiodarone IV/IO dose:** First dose: 300 mg bolus. Second dose: 150 mg.
- or
- **Lidocaine IV/IO dose:** First dose: 1-1.5 mg/kg. Second dose: 0.5-0.75 mg/kg.

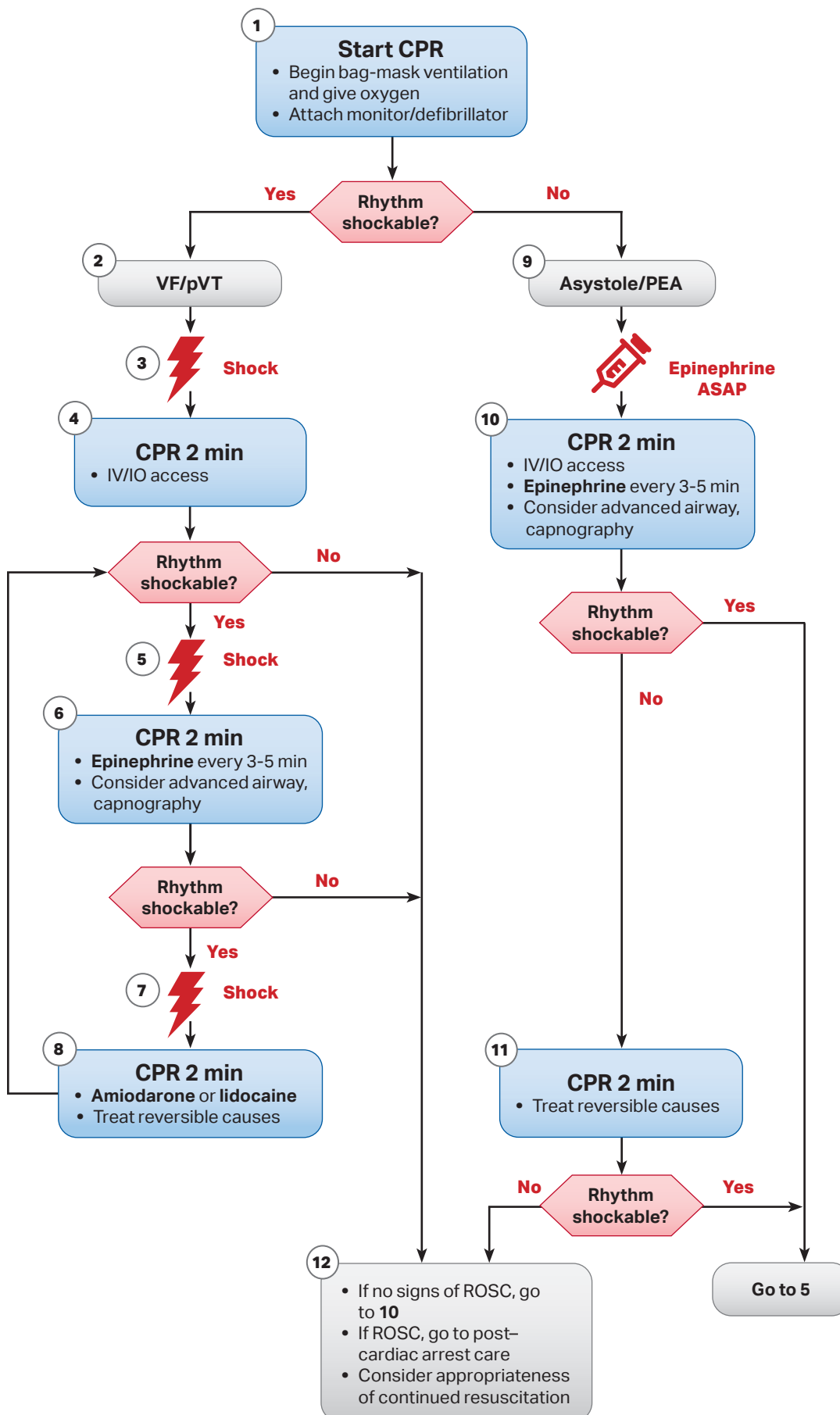
Advanced Airway

- ET intubation or supraglottic advanced airway
- Continuous waveform capnography or capnometry to confirm and monitor ET tube placement
- Once advanced airway in place, give 1 breath every 6 seconds (10 breaths/min) with continuous chest compressions

Reversible Causes

- Hypovolemia
- Hypoxia
- Hydrogen ion (acidosis)
- Hypo-/hyperkalemia
- Hypothermia
- Tension pneumothorax
- Tamponade, cardiac
- Toxins
- Thrombosis, pulmonary
- Thrombosis, coronary

Adult Cardiac Arrest Algorithm (VF/pVT/Asystole/PEA)



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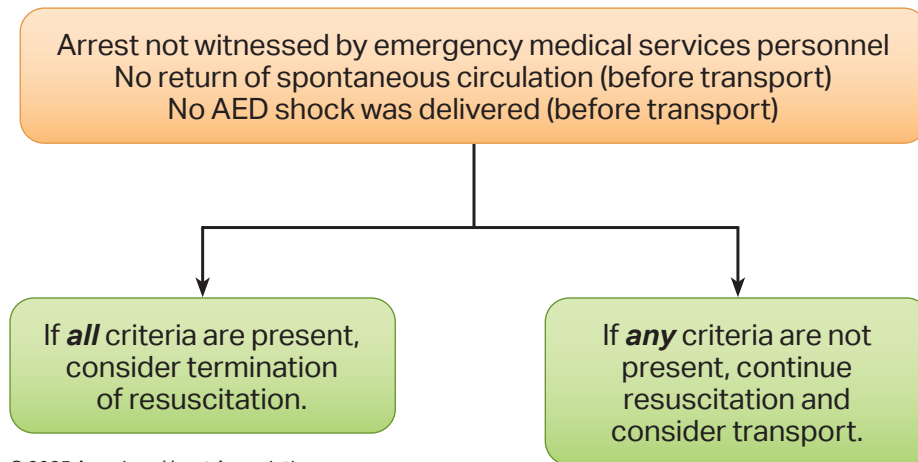
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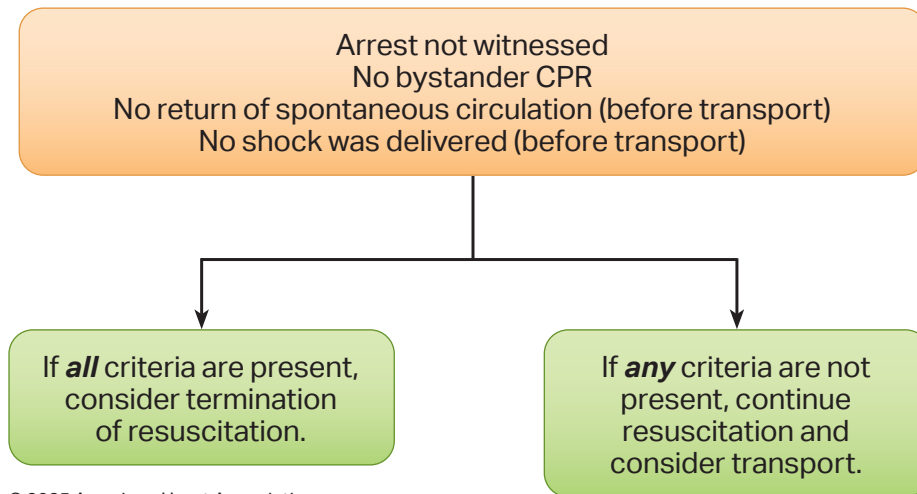
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BLS/Universal Termination of Resuscitation Rules



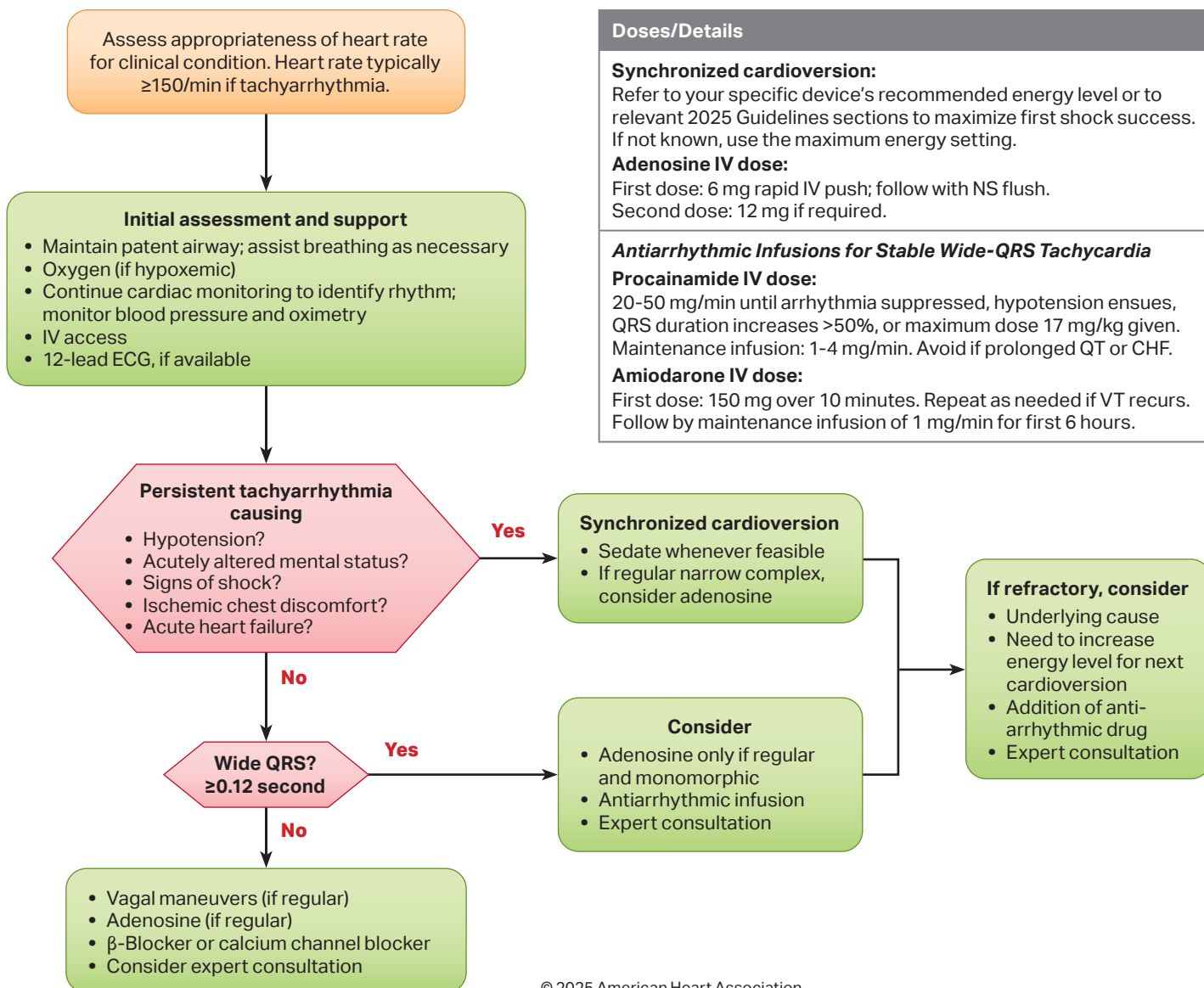
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ALS Termination of Resuscitation

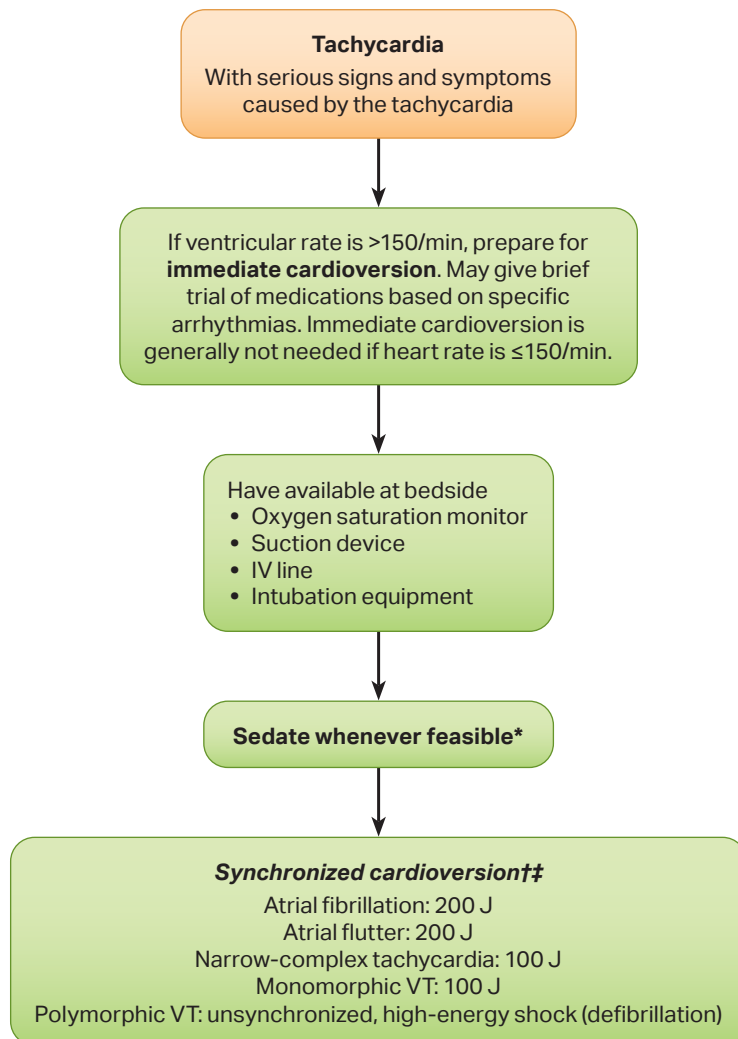


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Adult Tachyarrhythmia With a Pulse Algorithm



Electrical Cardioversion Algorithm



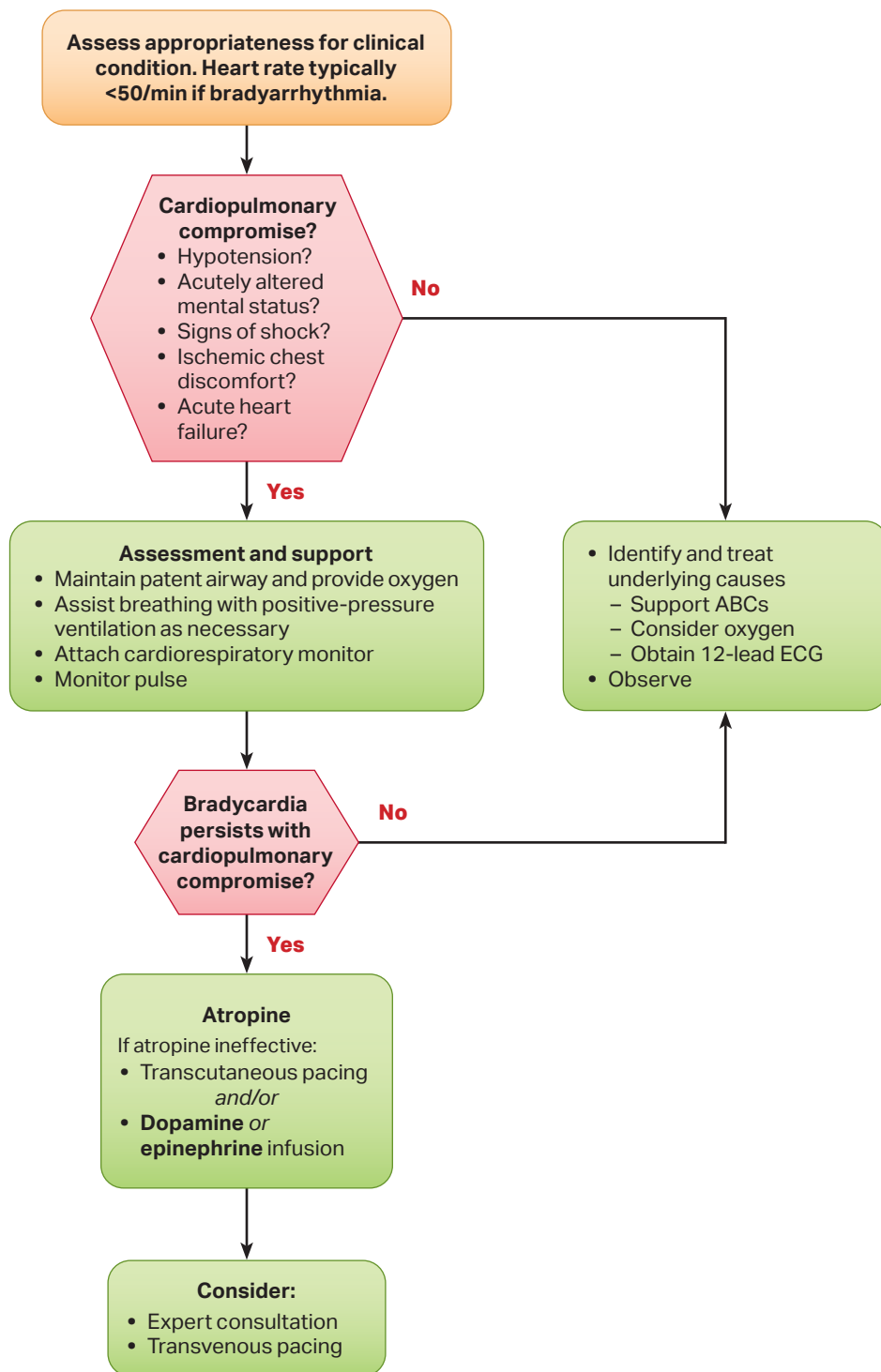
Notes

*Effective regimens have included a sedative (**eg, diazepam**) with or without an analgesic agent (**eg, fentanyl**). Many experts recommend anesthesia if service is readily available.

†Note possible need to resynchronize after each cardioversion.

‡If delays in synchronization occur and clinical condition is critical, go immediately to unsynchronized shocks.

Adult Bradycardia With a Pulse Algorithm



Doses/Details

Atropine IV dose:

First dose: 1 mg bolus.
Repeat every 3-5 minutes.
Maximum total dose: 3 mg.

Dopamine IV infusion:

Usual infusion rate is 5-20 mcg/kg per minute.
Titrate to patient response; taper slowly.

Epinephrine IV infusion:

2-10 mcg per minute infusion.
Titrate to patient response.

Possible Causes

- Myocardial ischemia/infarction
- Drugs/toxicologic (eg, calcium-channel blockers, β -blockers, digoxin)
- Hypoxia
- Electrolyte abnormality (eg, hyperkalemia)