

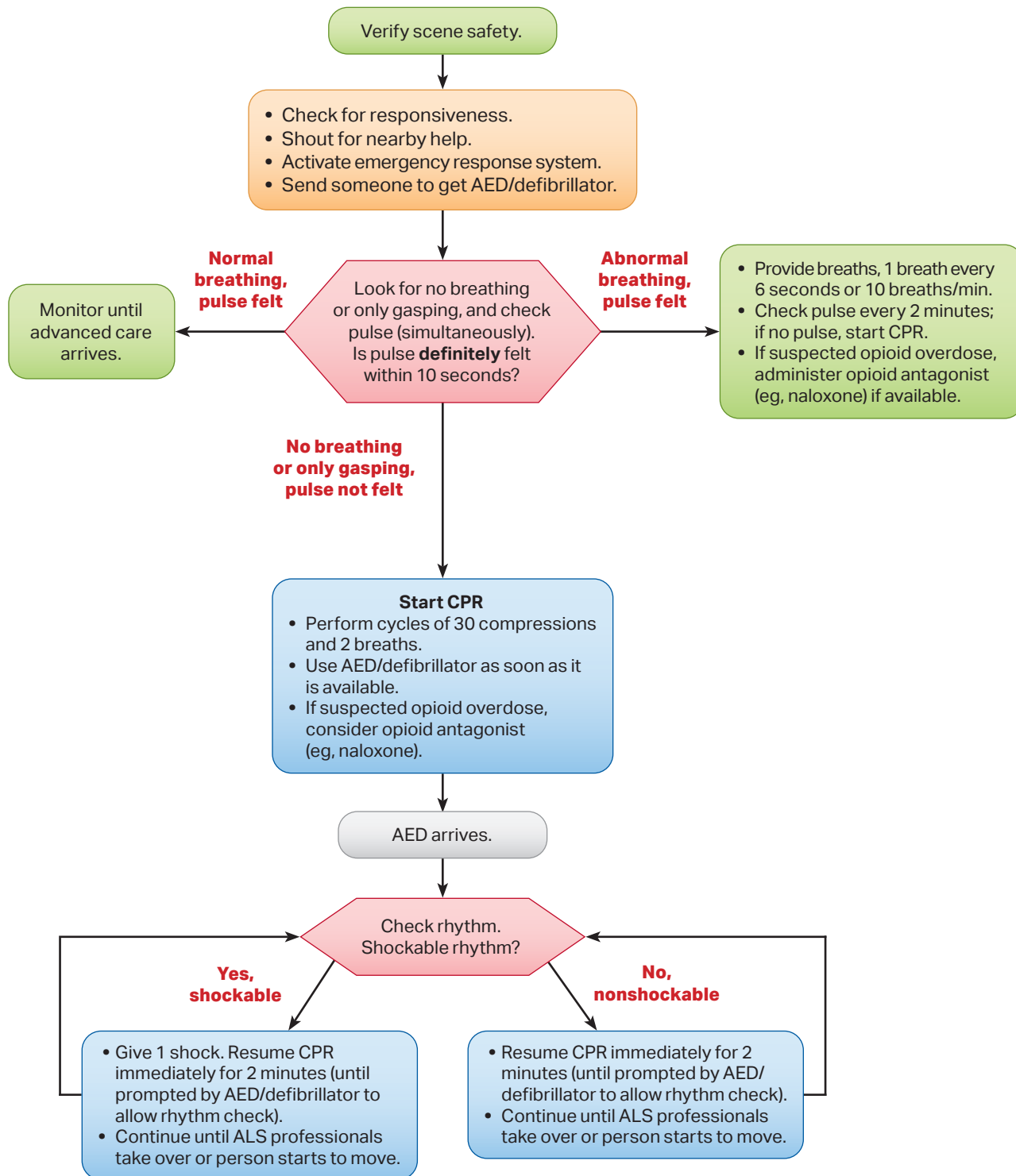
2025 AHA Adult BLS Guidelines

Basic Life Support for Health Care Professionals and Lay Rescuers

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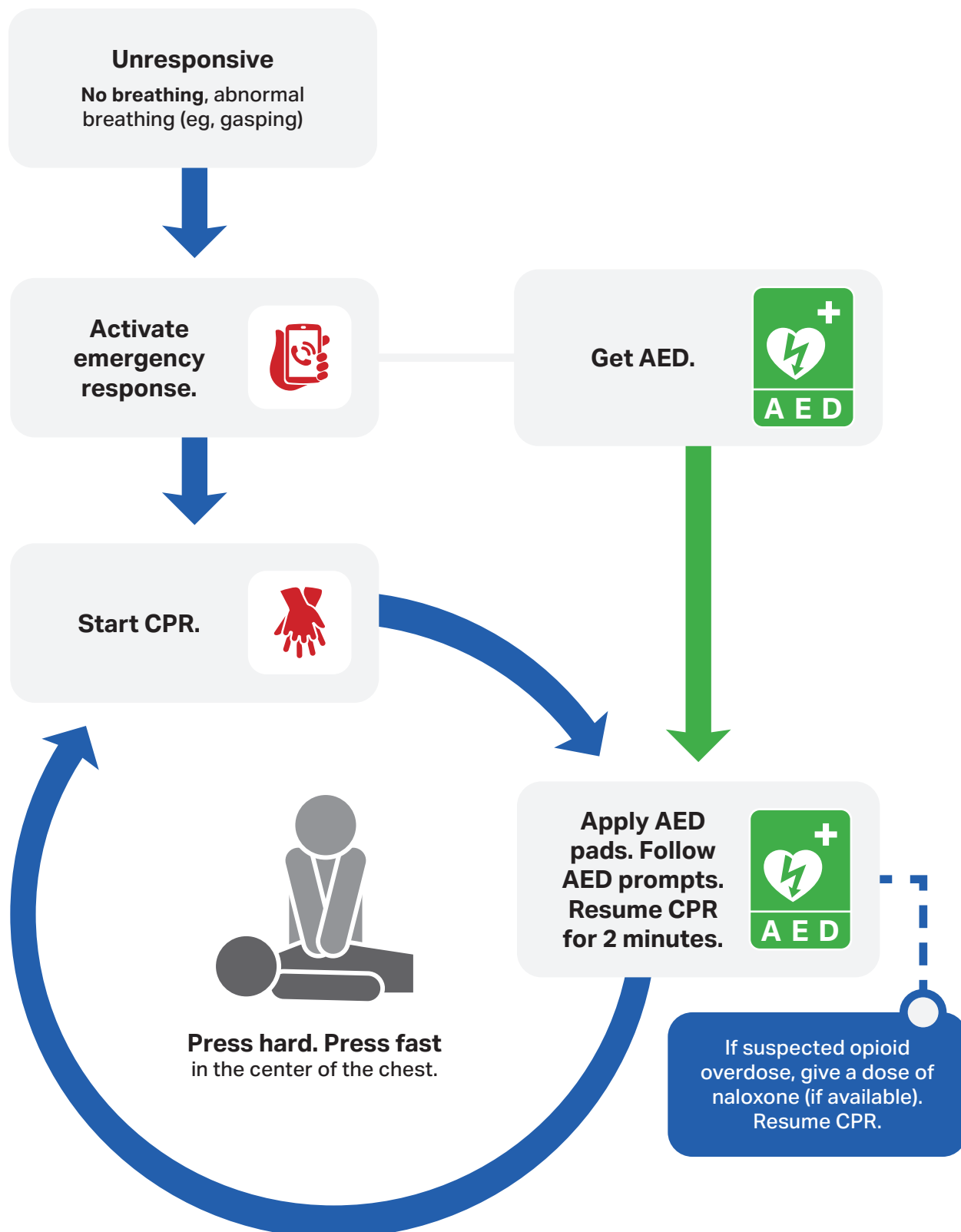
Adult* Basic Life Support Algorithm for Health Care Professionals



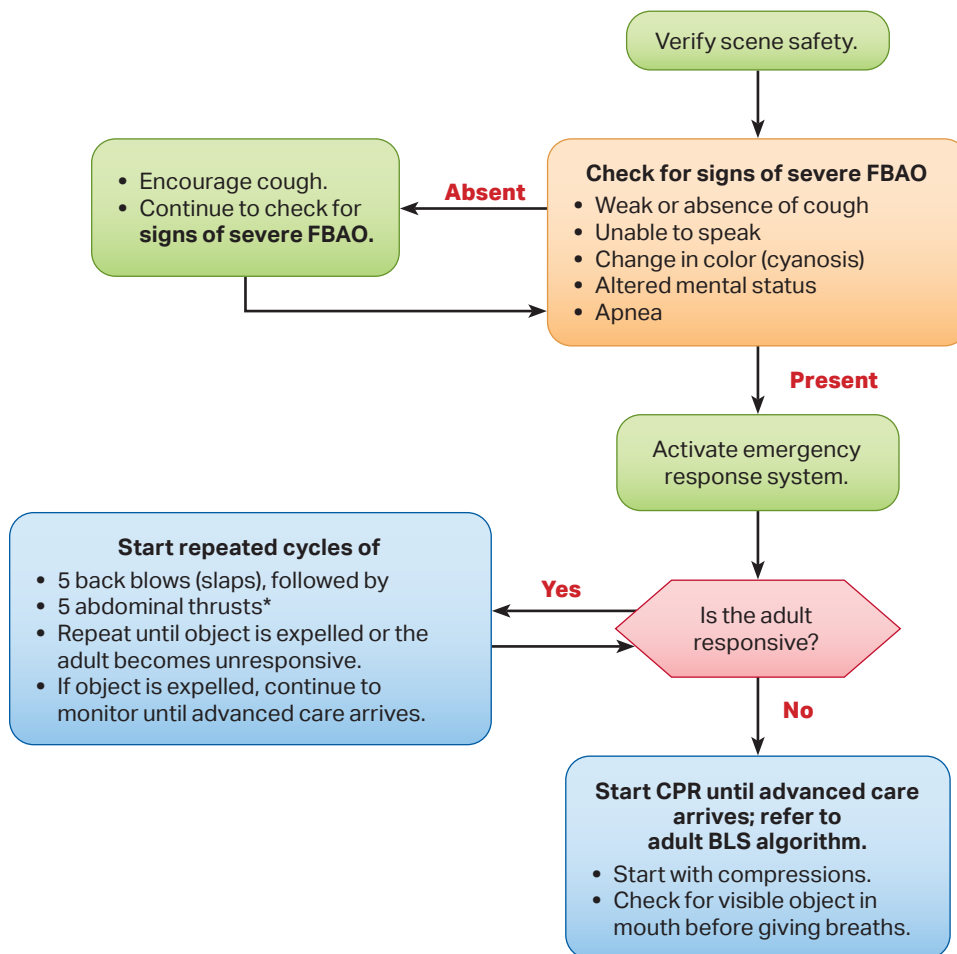
*If signs of puberty, treat as adult.

Act Now. Save a Life.

Follow these steps to take action.



Adult Foreign-Body Airway Obstruction



*For patients in the late stages of pregnancy, or when the rescuer is unable to encircle the patient's abdomen, 5 chest thrusts should be used instead.